



# IOA TODAY

BRINGING YOU OSTOMY NEWS FROM AROUND THE WORLD



## FROM THE EDITOR'S DESK

**Stuart Schaefer**

Here is it is the second month of 2009. By the time you receive this newsletter NCACOA will be holding their regional meeting. This meeting is being held in City of Colima, State of Colima, Mexico February 4-7. Di Bracken will be attending and hopefully she will find the time do a Blog during the event. To view IOA's on going Blog please visit <http://www.cblog.ostomyinternational.org/>.

Two other major events will be taking place during 2009. First up will be the 2nd UOAA Conference taking place in New Orleans. The dates are August 5-8. Will be held at the Sheraton Hotel on Canal Street.

Reduced room rate of \$109 per night plus tax  
(Call the Sheraton at 800.325.3535 and mention the UOAA conference to get the \$109 room rate.)  
Conference registration - \$90 until 6/1/09 then \$110.00  
Companion - \$50 until 6/1/09 then \$60  
Children 5 - 17 \$25  
Children under 5 - FREE  
Lunch - \$25.00  
Banquet - \$45.00

As more information becomes available we will post it in the up coming newsletters. Remember to visit the UOAA [www.uoaa.org](http://www.uoaa.org) for more information.

Another big event of the year will be WORLD OSTOMY DAY that will take place October 3, 2009. The event takes place every three years. This year the theme will be "REACHING OUT". Hollister will again will be sponsoring the Photo Contest. Information about this contest and other WOD related information maybe found in this newsletter. So get your camera out and start shooting away. There will also be a Website base activity with information on that coming soon. Please watch up coming newsletters and visit the IOA Website <http://www.ostomyinternational.org> for more information.

## MESSAGE FROM THE PRESIDENT

First of let me wish you all a very happy & prosperous New Year. I also wish all of you a very peaceful New Year as well since many of us have faced very challenging mental, emotional & physical situations in different parts of the world in 2008.

We, in IOA EC, had very busy time last year & hopefully it

will be not so busy this year. Big achievements were the EOA meeting in Brno in September 2008 and a very successful " Stoma Care workshop " in Santa Cruz, Bolivia in South America for Spanish speaking countries of South America. Of course this is not an IOA initiative but was funded by Lions Clubs of Modena Willigelmo & District 108 Tb & the training teaching team . This team is headed by Prof Carlo Pezcoller from Modena , Italy , Ms Di Bracken & I are part of the training team.. This was followed by an ISCAP & Visiting Training to representatives of member countries of South America region, ALADO. Both training sessions took place following their successful ALADO Executive meeting. It was great to see the cooperation among the countries working together to arrive at Action Plans for the next two years.

Asia had very successful AOA meeting in Tokyo in November 2008. New president of AOA is Mr Michi Takaishi & has new team in AOA CC. The meeting was extremely well attended with good international representation. As is usual in Asia, there was great participation in the social events which were held in house with most interesting programming.

Just for your information following are the IOA EC members who are in charge of IOA Projects.

Communication Officer – Barry Maughan  
[vicepresident@ostomyinternational.org](mailto:vicepresident@ostomyinternational.org)  
Financial Officer – Gene Zapf  
[treasurerioa@ostomyinternational.org](mailto:treasurerioa@ostomyinternational.org)  
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IOA Today – Stuart Schaefer  
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IOA World Meeting – Doug Graham  
[regionncacoa@ostomyinternational.org](mailto:regionncacoa@ostomyinternational.org)  
New Asian Regional President is Michi Takaishi  
[regionasian@ostomyinternational.org](mailto:regionasian@ostomyinternational.org)

Wishing you all best of health & spirit and with kind regards,

*Harikesh*

## SOUTH AMERICAN REGION – ALADO

**Teresa Antequera, President**

In this brand new 2009, we wish to offer to all ostomates around the world, our heartfelt

benedictions, granting them health and wellness. The ALADO Region is currently engaged in the homework necessary to ensure all the countries in our region integrate in a coordinated way towards the objective that unites us: "Working to make Ostomates lives better".

### AADO – ASOCIACION ARGENTINA DE OSTOMIZADOS

The Ostomates Association of Argentina continues to work at developing the MUTUAL HELP WORKSHOPS. These workshops allow ostomates and their relatives to come together providing bigger integration, understanding, and acceptance. Every month there are workshops held by doctors of many specialities covering different subjects that allow for the participation of relatives and ostomates. AADO's activities also include continuous work in lobbying the National Senate relating to the Ostomates Law so that this law may give support to every ostomate without resources, and ostomy supplies can be provided at no cost.

### F.A.O.D.R.A. - FEDERACION ASOCIACIONES OSTOMIZADAS DE LA REPUBLICA ARGENTINA

First Part of 2009

With the participation and sponsorship of the LIONS CLUB MODENA WILIGELMO of ITALY and the LIONS OF CORDOBA, the Stoma Care project will begin. The workshops will start on May 25th, for Primary Level Nursery and Second Level Professional in attention and care of stomas in ostomates. The workshops will last for 60 hours and will include 20 Hours of practice and 40 hours of theory. These workshops will be directed at aiding Latin America. Argentina, Bolivia, Colombia and Paraguay will be participating at the Treatment-Investigation-Capacitating Centre ETNEP (SCHOOL WCET) in Cordoba, Argentina.

### ACDO - ASOCIACION COLOMBIANA DE OSTOMIZADOS

In this New Year, the ACDO is starting to prepare for the World Ostomy Day with the support by Dr. Yolanda Uribe Camargo, who has expressed interest in participating in the preparations. We've continued the task of negotiating with the FOW for potential

donations, we look to motivate nurses in the preparation for the School of Cordoba ET, with the possibility of the support by the LIONS CLUB OF BOGOTA and Dr. Pezcoller. Also, even with the economic difficulties and the high cost of real state in Bogotá, we are looking to establish a headquarters.

### ABO – ASOCIACION BOLIVIANA DE OSTOMIZADOS

Back in October we held the EC elections and again the presidency was given to Teresa Antequera for the Management of 2008 – 2010. With the participation and initiative of the entire group, we are continuing to prepare for World Ostomy Day. The nurse that is going to participate in the Stoma Care Workshop in Cordoba next May is currently working with the group in Stomas Care.

### ABRASO

ABRASO is currently working for the Ostomates Rights in the Brazilian Legislation. The fight is to make an inclusion of ostomates in the Disabled Persons Statute, the implementation of the National Resolution to Care for Ostomates, and finally the approval of Bills Law for Income Tax Exemptions for Ostomates Persons. As with every one of the countries in the ALADO block we are also working on the celebration of World Ostomy Day on October 3<sup>rd</sup>. There's also a workshop - forum for Young Ostomates – 20/40 MONAJO and the publication of the ABRASO MAGAZINE with 2000 copies.

### ASOSDELPA – ASOCIACION DE OSTOMIZADOS DEL PARAGUAY

Back in September ASOSDELPA was admitted as the new member of the ALADO block. The Presidency of their Board, was given to Nicolas Ramirez. Unfortunately Nicholas was forced to resign for health reasons. Miss Silvia Aguilar Aquino has agreed to step in and take over the role of President.

### CORAOS - "V" REGION OF CHILE (Fifth Region)

This association was also admitted to the ALADO block as new member, as approved in the last meeting held in September in Santa Cruz, Bolivia. Last October, this association held elections, in which Miss Jessica Cardenas has being elected again for the period of 2008 – 2010.

It was also approved that the Vice-President of ALADO, Mariela Acero de Romero, will be the coordinator of the feast of World Ostomy Day 2009.

## **ASIAN REGION – IOA**

### **Michiaki Takaishi, President**

Asian ostomates assembled for the first time in Japan at the National Olympic Memorial Youth Centre, which used to be the Olympic Village of the 1964 Tokyo Olympic Games, in beautiful autumn of November 2008. The Conference had record number of participants, 72 from overseas and 330 domestic, and 13 associations out of 16 AOA members were represented. They were China, Hong Kong, India, Indonesia, Japan, Korea, Malaysia, Mongolia, Nepal, Philippines, Thailand, Taiwan and Vietnam. There were two participants from outside the Asian region, Moscow and New Zealand. AOA and host Association JOA welcomed IOA President Harikesh, Vice-President Barry and Past President Di to the Conference.

Beside the number of attendees, notable were that a Youth Forum and a Symposium to discuss how to achieve better Quality of Life (QOL) of Asian ostomates were organized, and AOA Conference Declaration was adopted for the first time in the AOA history. Young Asian friends exchanged their experience, discussed their particular problems and determined to develop an Asian network for information exchange and mutual help at the Forum.

At the Symposium of the final day, all the delegations presented their country reports and four panelists and two commentators exchanged their views and ideas on four topics to improve QOL of Asian ostomates. The Tokyo Declaration that had been adopted at the HOD meeting in previous day was read out by two young ladies in Japanese and English, and all the participants endorsed it.

The Declaration clearly shows AOA's determination that Asian ostomates will unite to help our friends in less developed countries, to improve medical, technical, governmental and social support and services, for all the otomates so they can lead happy lives to the full.

The 11<sup>th</sup> House of Delegates Meeting was opened in the second day of the Conference. Besides the usual matters to be handled at the HOD meeting, followings were approved.

- ① Taiwan Ostomy Association becomes full member of AOA/IOA,
- ② Amendment of the AOA Constitution to make it possible to elect a close relative of an ostomate as the Secretary/Treasurer
- ③ AOA Tokyo Declaration 2008.

New members of the Coordination Committee elected at the

HOD meeting are;

President Prof. Michiaki Takaishi, Japan, Vice-President, Mr. Abdul Rahman Bin Yob, Malaysia, Secretary/Treasurer, Mr. Kong Kin Chai, Malaysia, and an additional member Mr. Ronaldo S. Lora, Philippines. All of them thanked Dato' John David Casrdosa, Immediate Past President, for the great contribution he has made to develop AOA mission and activities throughout his nine years of energetic works as AOA President and Secretary/Treasurer.

## **EUROPEAN REGION – EOA**

### **Arne Holte, President**

Hello fellow ostomates all over Europe, The Middle East and North Africa!

I will start with wishing you all a happy new year, though I know that some of you may have another change of the year. I many countries in our region ostomates do not have many problems, but unfortunately this is not the situation everywhere. My hope will be that this situation will improve in 2009.

While bags and wafers are keywords for us ostomates, peace is a keyword for people all over the world. Unfortunately peace is far away from some of you these days, and for many of us it is impossible to understand the fear, suffering and hate war create. For my part I can not, and will not, take side in the war in Gaza or any other place where people suffer from war. I can just hope for peace and forgiveness when the war is over.

The European Ostomy Association has some challenges to cope with in a short time. Those of you that attended the congress in Brno in The Czech Republic will know that things were revealed there that called for action. There has been letters to the IOA president – and answers. All EOA associations have got copies of those letters and will hopefully be able to give the CC their point of view when this may be necessary. The CC will meet together with the persons appointed to work with the CC in Frankfurt 20 – 22. of February. Also three key persons (persons with long experience in EOA) will meet. It is by now not finally decided who those three will be. In Frankfurt we will discuss the future of EOA. I can promise you that not any decisions will be taken without giving all EOA associations the opportunity to give their point of view.

If you have items you want to bring to the meeting in Frankfurt, please let me know. Send me an E-mail or a letter, and the CC will discuss it.

Some words about economy. You may know that the industry no longer supports IOA like they used to do. They tell us that they will focus on the regions – which give me a lot of hope for the future of EOA. As soon as the logistics concerning the approach to the industry (who does what, and when – between IOA and EOA) is

clear, I will start contacting the industry to get regional sponsorship.

A task force put up by the IOA EC has discussed a decrease in the part of the member fee that goes back to IOA - from 40% to 30%. I am not supporting this as I believe EOA is closer to the ostomate than IOA. In my opinion it ought to be the other way around, and increase from 40% to 50% to EOA. Hopefully this will give EOA a better economy in 2009.

The task force has also discussed and suggested (a majority) that all regions shall have one vote extra at world meetings. This will reduce EOA influence. Hopefully you will understand that I also am against that suggestion.

The figures from the congress in Brno is not 100% ready yet, but so far it does not look like a disaster – on the contrary really. I am very grateful to all of those you contributed!

I hope to meet some of you in 2009. But again the poor economy of EOA prevents me and the other members of the CC to travel more just a little. I wish ostomates in Europe and the rest of the world a great 2009.

Arne Holte, pres EOA

## **NORTH & CENTRAL AMERICA and CARIBBEAN OSTOMY REGION – NCACOA**

### **Doug Graham, President**

Best wishes for 2009 to all our members and readers. The communications in our Region continues to improve. However, the concern I have is the number of potential member countries and members that have not paid their 2008 dues. We are continuing with our efforts to contact organization in our Region that were at some time in the past active members. We have made new contacts and are hoping to have them become members. As of December 31, 2008 we have four (4) full members and one associate member that have paid the 2008 dues. My research concludes that we have thirty-two (32) countries that could possible be members in our Region.

#### **Full Members 2008**

North America

Canada – United Ostomy Association of Canada

United States of America - United Ostomy Association of America

Caribbean Island

Puerto Rico - Asociacion Ostomizados De Puerto Rico

Nederlandse Antillen - Stoma Vereiging Nederlandse Antillen

Central America

No members

#### **Associate Member 2008**

Mexico – Asociación de Ostomizados de Colima

## **Activities of your Executive Council**

George Salamy, Vice-President

Currently a member of the Board of Trustees of UOAA attending Strategic Planning meetings as well as a Regional Conference in New Jersey.

Traveled to the Island of St. Kitts and Nevis and inquired as to the need of ostomy support and materials. Had conversations with the chief surgeon and pediatrician and they indicated there are very few surgeries and very few ostomates on the island (approximately 40,000 total population.) I find this difficult to understand and assume many of these possible patients are going off island for surgery. Will continue to investigate as I travel there often for other volunteer work.

At the request of one of the physicians who I am very friendly with, I personally spoke with one Crohns patient and her family and discussed surgery options. I also spoke to an urostomate and gave her advice as to support from Puerto Rico.

Jorge Vargas Morales, Executive Council Member

Traveled to Guatemala, Honduras, El Salvador and Nicaragua and met with people with ostomy and related surgeries. I informed them of the NCACOA and of the Regional meeting in Colima. There is much interest to come to Colima and meet other ostomates.

Met with Ostomy Representatives in many States of Mexico to interest them to join NCACOA.

The arrangements for the Regional Meeting/Conference in Colima are completed. President Doug Graham and I had many communications. There will be ostomates from many States of Mexico and Countries of our Region at the Regional Meeting/Conference. The State Governor and many dignitaries will attend.

Doug Graham, President

Traveled to Clarksville, Indiana and attended a meeting with Friends of Ostomates Worldwide – USA (FOW-USA). I was there as a Director of FOW-Canada and also had an opportunity to discuss NCACOA. I am greatly impressed with the enthusiasm of the volunteers that pack supplies to be sent to needy ostomates throughout the world. The Board of Directors expressed an interest in our activities and intends to work with NCACOA when possible. I will continue to work with FOW-USA and FOWC to improve our relationship and help needy ostomates of our Region.

I have been reviewing and preparing documents for the Regional Meeting / Conference in Colima. As I finish the last minutes details I am in anticipation of an enjoyable learning experience and meeting with the many ostomates, University and Government Officials that will attend.

## Countries Reports

I have received reports from Canada, Mexico (Colima), Puerto Rico, and the United States of America.

### Canada

Mike Woolridge, President, United Ostomy Association of Canada.

The 11th Annual United Ostomy Association of Canada conference was held August 14th to 16th at Hamilton Ontario. The theme of the conference was "Forging Ahead", a very appropriate theme for a community known as "Steel City". The conference was well organized and well run. There was a lot to see and do with good speakers, good displays and great entertainment.

UOAC is in process of changing from an Annual to Bi-Annual Conference format during even numbered years (2010, 2012 etc.) a full fledged National Conference will be held. On odd numbered years (2009, 2011 etc.) Regionally/Area meetings will be held. These Regional meetings will entail leadership training and educational sessions.

The UOAC continues to grow albeit slowly. The good news is that two chapters and two satellites were added to 2008. I would like to wish NCACOA a very successful and enjoyable conference in Colima, Mexico.

### Mexico - Colima

**President Ofelia Delgado Puente, Jorge Vargas Morales**

The Asociacion De Ostomizados De Colima continues to attract members and raise awareness of the Ostomy experience in Colima and other States of Mexico. The Regional Meeting/Conference Committee is completing arrangements. The State Governor, his wife and several dignitaries will attend our opening ceremony. There will be several educational session designated to age groups. The Asociacion De Ostomizados De Colima is looking forward to welcoming you to their beautiful City and State.

### Puerto Rico

**Martha Vélez de Nieves**

The Asociacion de Ostomizados de Puerto Rico remains busy with building awareness and helping new Ostomates. In a telephone conversation with Martha Vélez de Nieves I learned that she has had computer problems but hopes to have them correct soon. Also, she and one member will travel to Colima to attend our Regional Meeting/Conference. Further, she hopes to have a status report for our next edition of IOA Today.

### United States of America

**(Extracts from the UOAA Updates)**

**Ken Aukett, President**

The United Ostomy Association of America as a dynamic organization has an on-going commitment to make those

policy and procedure changes that will best serve its long term interests. In order to encourage people to volunteer as leaders at the national level, the Management Board of Directors felt that if the term of the President, President-Elect and Vice President were changed from three years to two years, more people would be able to serve. In addition it was felt that the Vice President should have the opportunity to be re-elected to a second consecutive term as is the case for the Secretary and Treasurer. These recommendations by your Management Board of Directors were written as a Constitution Amendment that was sent out late last week to the Affiliate Support Groups (ASG) for their approval. The ASGs have until February 28th, 2009 to make their opinion known.



**Conference 2009**

▶ *Let the Good times Roll*  
*Sheraton, New Orleans*

Join one, join all, let's have a ball.  
Learn better life management.  
Hear doctors, nurses, patients  
speak on many topics, also a  
Beauty Pageant winner & a Race-  
car driver. Be part of the 20-40  
worldwide gathering.

August 5-8, 2009  
@Sheraton Hotel  
Canal Street  
New Orleans, LA, USA.

Contact:  
oa@uoaa.org  
800-826-0826  
www.uoaa.org

UOAA

## UOAA Conference August 5 – 8, 2009

If you are looking for an interesting and rewarding experience then consider attending the UOAA bi-annual conference that will be in New Orleans. The theme of the conference is, "Let The Good Times Roll". The conference venue is the Sheraton New Orleans Hotel on Canal Street right off the famous French Quarter in Historic downtown New Orleans. I have read some of the preliminary information and I think this is going to be a conference to remember. For more information visit: <http://uoaa.wordpress.com/>. Growing

Do you recall that just a couple of years ago UOAA began the daunting task of building a new organization? We send you congratulations on your growth. We have read in your UOAA Updates that you now have 276 ASG.

## Conclusion

A special thanks to Friends of Ostomates Worldwide Canada (FOW-C) and Friends of Ostomates Worldwide USA (FOW-USA). They continue to collect surplus ostomy supplies and have sent them to countries in our Region.

**Future**

The Regional Meeting / Conference in Colima, Mexico is shaping up to be a well attended event. There are representatives from several areas that have expressed interest in NCACOA and I am looking forward to meeting these people. In future reports for IOA-Today I will inform you of our progress. I request that you contact me at [doug.ncacoa@sympatico.ca](mailto:doug.ncacoa@sympatico.ca) to let me know the status of Ostomates in your country. With a little effort we can unite our Region and help one another.

Doug Graham President

## SOUTH PACIFIC REGION – SPOA

### Peter McQueen, President

The decision by Australia to adopt Associate membership with IOA has been the major issue in the South Pacific Region. Australia's membership status was debated at length at the annual meeting in October in Adelaide. The resultant decision was not taken lightly, however Australia will maintain its financial commitment to SPOA at the same level as if they were a full member of IOA.

In September 2009 the 2<sup>nd</sup> regional meeting of SPOA held outside an IOA meeting will be held in Canberra, Australia's capital city. As part of the annual meeting of ACSA there will be a regional meeting of SPOA where delegates from New Zealand and Australia have been invited to attend, no doubt the membership status of Australia will be high on the agenda.

The annual conference of the Federation of New Zealand Ostomy Societies will take place in Hamilton from the 7<sup>th</sup> till the 9<sup>th</sup> of August 2009.

We are fortunate as Ostomates in Australia and New Zealand there are well established health systems that provide appliances to those in need at no cost and continued health care support available. Ostomates in many other countries are not as fortunate having to deal with life with a stoma with little or no support or appliances. In an effort assist those in our region Australia and New Zealand are continuing to supply appliances to Indonesia, The Philippines' Tonga and Fiji and seeking to establish contacts in other areas to help those in need.

We in the south Pacific are enjoying a warm sunny summer and hope that our fellow Ostomates in the northern hemisphere are not getting too cold.

## 20/40 FOCUS

### Janet Paquet, Chairperson

Happy New Year from the 20/40 Focus Committee!

We are hoping the 2009 is as productive for the 20/40 committee as 2008 was. This past year we had three of our 20/40 committee members attend their regional meetings. The latest was Ronaldo Lora of the Philippines who attended the AOA conference.

Ronaldo has been busy establishing 20/40 Focus Group Desks for the AOA region. Ronaldo states, "On the occasion of the 6th Asian Ostomy Association held in Tokyo, Japan from November 13 - 16 2008, I was privileged to extend the proposal of establishing 20/40 Focus Group Desks in every member ostomy association in the Asian Region. I believe that the key word here for this proposal is decentralization giving opportunity for independent association to create awareness from their own cultural perspective. It will invite too more members in a higher and faster rate.

As such, the line of work here is that I established a working structure that can be passed on to the ostomy associations of the Asian countries for them to model, adopt and even improve. It is basically composed of three branches namely a. the creation of an awareness campaign, b. the introduction of support groups, c. the invitation of young ostomate volunteers.

I have introduced this set-up here in the Philippines and I feel that it is no easy task. We have to consistently and patiently drum up awareness on ostomy issues because I believe that one way or another, there will be people who will be interested to share in the advocacy.

During the Youth Forum in Japan, I was able to talk to young Japanese ostomates. One of them shared with me personally that young people are hesitant to expose and make themselves known so that participation in ostomy groups might be a problem. Hence one of the features proposed for the 20/40 Focus Group Desk is to enable communication by way of the information high-way.

The task ahead involves a lot of work and patience. We look forward to a new year of commitment for the good of young adult ostomates."

Plans are still underway for the 20/40 Focus at the NCACOA congress in Colima Mexico, February 2009. Jorge and Irma Morales of Mexico have made arrangements with a local 20/40 contact in Colima Mexico and Janet Paquet, 20/40 representative to plan several sessions for 20/40 participants. Kristen Knipp of UOAA will be on hand to lead a rap session for the 20/40's in attendance.

Our next major 20/40 event will take place this August in the exciting city of New Orleans in the United States; UOAA's young adult group has invited the 20/40 focus to join them in a joint conference. More information of this joint conference will be posted on the 20/40 blog.



You will be aware that World Ostomy Day 2009 (WOD2009) has been scheduled for the first Saturday of October 2009. It is now only 9 months away but as you are aware time flies and before you know it October 2009 will be here. The theme for WOD2009 is “**reaching out**”, which signifies the part Ostomates, Ostomy Associations (Chapters), support groups and health professional organizations play in the rehabilitation of Ostomates in the general community. Promoting World Ostomy Day activities is an ideal forum to let the general community know what needs and aspirations Ostomates have.

To ensure your WOD 2009 is a success planning for the event needs to be underway very soon as October 3 will be on our doorstep quicker than we think. Many things need to be put in place to make the day a success.

The theme for WOD2009 is “**Reaching Out**” which depicts Ostomates from all walks of life reaching out to help others and to educate their local communities into the needs and aspirations of Ostomates and their families.

The “**Coloplast Merit Award**” will be an integral part of World Ostomy Day once again. The aim of the award is to encourage the spread of enterprising initiatives of National Ostomy Associations to other member Associations throughout the world.

There will be three regional contests:

- **Europe**
- **The Americas**
- **Asia & South Pacific**

Entries will be accepted from Member Countries of IOA and the prizes will be, first and second for each contest will receive US\$2500 and US\$1000 respectively and there will be three encouragement awards of US\$500 given but not necessarily one for each region.

Activities to promote awareness may include: educational programs, seminars, support meetings and demonstrations/ displays, electronic information networks, newspaper and magazine announcements/advertisements and articles. Publication of informative handout materials and brochures: audio and video announcements and films: personal visits and lobbying activities; official Government proclamations and joint activities with allied agencies and professional health organizations.

As part of WOD2009 there will also be an international photographic competition sponsored by Hollister.” **The World Ostomy Day Photo Contest**”. The theme of this competition is to indicate that having a Stoma does not stop Ostomates leading a full and active life. For example families on vacation, during work, sporting activities, spending time with children/grand children or volunteering in community organizations.

There will be 20 prizes of US\$250 awarded. Entries will be accepted from Ostomates or non Ostomates but must show Ostomates being involved in some activity or other.

Entry forms and criteria for both competitions will be available on the IOA Website

Judging panels and where to send the entries are yet to be determined, they will be promulgated on the IOA Website when known. It is anticipated that the closing date for the photographic competition will be June 30<sup>th</sup> 2009 and the closing date for the Coloplast Merit Award will be January 31<sup>st</sup> 2010

**Peter McQueen**  
**WOD 2009 Coordinator**  
**World Ostomy DayVI**  
**Phone: +61 3 9579 6068**  
**E-mail: peter\_mcqueen@optusnet.com.au**



## WORLD OSTOMY DAY OCTOBER 3, 2009 PHOTO CONTEST



### Get out your camera and participate!

Hollister Incorporated is pleased to announce a worldwide photo contest open to every Ostomy Association around the globe.

- **Here's why:** World Ostomy Day, October 3, 2009, is a very special day, so we're sponsoring a very special contest -- **The 2009 World Ostomy Day Photo Contest**. The Contest is a unique way to showcase talents and people and to create lasting memories in conjunction with World Ostomy Day.
- **Theme:** The 2009 World Ostomy Day theme is **"Reaching Out."** We know there are thousands of you who "reach out" each day -- and in every way. You live life to the fullest with your families or on vacation, during work and with your grandchildren, and while volunteering or tending to pets. We know you're out there "reaching out" and that's the type of image we want you to capture.
- **Winners:** 20 photos will be chosen by the judges (a professional photographer and a Hollister representative). Winners and their chapters will receive:
  - Individuals winners: a certificate of recognition
  - Winning chapters: \$250 will be paid to each International Ostomy Association (IOA) chapter represented by the 20 winning photographers
  - All chapters: a CD-ROM of the winning photos will be given to each IOA chapter
- **Rules:**
  - Photographers: need not be people with ostomies
  - Images: must be of people with ostomies **"Reaching Out"**
  - Photos: may be digital or processed film
  - Size: any size
  - Color: use color or black and white, it's your choice
  - Deadline: August 1, 2009
  - How to submit: submit photos with the photographer's name, association name and location, the occasion, place, date and names of people in the photo
- **Please note:** Submitted photographs will not be returned. Photographs will become the property of the sponsoring organization, Hollister Incorporated, and may be shown publicly.

**Please submit your entries by August 1, 2009 to:**

Diane Dreis  
Hollister Incorporated  
2000 Hollister Drive  
Libertyville, IL 60048 USA  
e-mail: [wod2009pc@hollister.com](mailto:wod2009pc@hollister.com)  
Tel : 1.847.932.3573

## FOW USA

Founded in 1986, the Friends of Ostomates Worldwide-USA (FOW-USA) is a non-profit volunteer organization that collects new, donated ostomy supplies from generous individuals and organizations in the United States, and ships them to countries where ostomates do not have access to these vital supplies. Through 2008, FOW-USA has shipped over 220,000 pounds of supplies, valued at \$11 million, to 60 countries.

Here is how the FOW-USA organization works. Supplies are sent to a central warehouse in the United States, now located in a **new** site in Louisville, Kentucky. They come from a variety of sources: people with surplus supplies no longer needed; facilities that can no longer use supplies or are changing to other brands; ostomy support groups that may have supplies donated by members. At the warehouse, volunteers sort and put the same sizes and brands together.

Requests for supplies are received through the internet or referral from other sources. An FOW-USA volunteer communicates with trusted individuals and organizations in the receiving country, such as hospitals, clinics, doctors, WOC nurses, and ostomy groups, to identify product needs, and to ensure that the supplies enter the country without duty charge and are distributed free of charge to needy ostomates. We also make sure that a health care professional trained in ostomy care is available to instruct ostomates in the use of the supplies.

Based on the specific needs, volunteers pack the items for shipment overseas. Supplies are put into boxes, and boxes make up a pallet.

Through donations, the Friends of Ostomates Worldwide-USA pays for expenses, including shipping the supplies and renting warehouse space. The cost to send packages to our overseas recipients is approximately \$2 per pound. Since our shipments may run up to 800 pounds per pallet, shipping costs are significant and we rely on the generous financial donations of people who believe in our important cause.

Among the 60 countries to which we have shipped supplies are: Ethiopia, Chile, Iraq (Mosul), Nepal, Panama, Zambia, Bolivia, Palestine, Peru, Jamaica, Uzbekistan, Argentina, St. Lucia, and Zimbabwe. We would like to receive pictures, email messages, and stories from the people and countries who receive our supplies.

We work closely with the Friends of Ostomates Worldwide-Canada to coordinate our efforts, as well as the International Ostomy Association and its regional presidents.

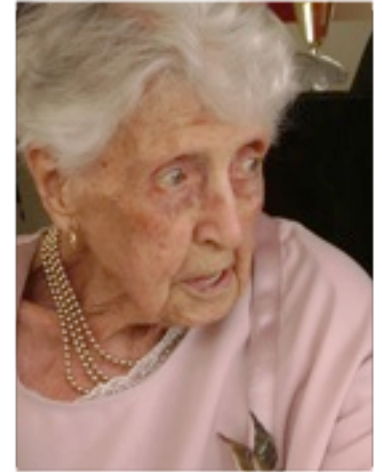
Our website is: [www.fowusa.org](http://www.fowusa.org). Please check it out for our shipping history, available resources, and information

on how to support us. We look forward to hearing from you in the future.

**New address:** FOW-USA, 1500 Arlington Avenue, Louisville, Kentucky 40206-3177.

### “A Very Special Lady”, Ann Bowden From New Zealand Celebrates her 100th Birthday.

On the 27<sup>th</sup> December nine Ostomates from Auckland Ostomy Support Service were proud to be invited by her daughter Mary Wilton, to a members 100<sup>th</sup> Birthday



celebrations' at Bucklands Beach. This was such a special occasion for a “**Very Special Lady**”, **Ann Bowden**, who has been an Ostomate for some 40 odd years, and a member of our Ostomy group for about 35 years. This momentous occasion was shared with her family and lots of her friends, and a sumptuous afternoon tea was prepared by her daughter, Mary.

Among the many cards she received were of course one from the Queen, John Keys, the Governor General and a host of Members of Parliament, as well the Ostomy group sent a special card which was signed by a large number of Ostomates, and we wish Ann health and happiness in the great achievement.

Born Annie Mary Harriman in Barrow-in-Furness England on 27th December 1908. Annie was the 3rd child of James Harriman and Jane Haslam Harriman. James and his father [also James Harriman] worked at Vickers Shipyard, Barrow in Furness England. When James senior died the young family emigrated to NZ in 1911 on the ship Athenic along with 687 other passengers.

They lived in Mt. Eden before moving to Pukekohe, where James used his boiler making skills to look after the town's electricity generator before New Zealand's first hydro dam was built at Arapuni, which was put into service in June 1929. Ann [as she was now known] attended Pukekohe High School the second year it was open. Her parents were very musical and had a small band playing for dances in the Paerata area. Jane at the

piano and James with his violin, viola or cello. Ann also played the piano and delighted many guests with her performances on the organ. The family returned to live in Auckland and Ann went to work, selling high quality Roslyn woollen garments from a shop that specialised in them owned by the William's family.

Ann met Edward Bowden {Ted} in her late teens. He was a young apprentice mechanic with the Studebaker dealer. They could not marry for some years as the Great Depression had taken hold of NZ, but they eventually married in December 1934. Ann meantime had learned to drive and was a very capable driver.

Ted was racing cars at Henning's Speedway and also at Muriwai Beach and was always accompanied by Ann, his No 1 fan. Ann vividly remembers being at Western Springs Speedway when it opened 30<sup>th</sup> Nov. 1929.

When Jean Batten completed her epic flight from England to NZ on October 16, 1936, and landed safely in Auckland ten and a half hours later. Ann drove herself to Mangere so that she could watch this great moment in time to see her land. She managed to get through a traffic jam that stretched some 13 miles as scores of New Zealanders flocked to greet her.

Their only child, Mary was born in 1940 and they subsequently lived in Otahuhu, Papatoetoe, Mt Wellington, and Bucklands Beach.

Ann was a very gifted sewer; she could make her own clothes by doing a design and then draughting the pattern and sewing up the garment. Needless to say, daughter Mary was a well dressed child. Ann's skills at tatting, knitting, crochet and cooking were well known and appreciated by many recipients of her work.

Mary married Malcolm Wilton, who raced motorcycles as a hobby, so the family always turned up at the circuit in support, with Ted very happy in the well known surroundings.

When Mary and Malcolm had 3 children Ann and Ted were totally devoted grandparents, and all enjoyed caravan holidays together, with the added bonus of rides in Pop's boat. When the family took to vintage Austin cars, Nana and Pop were in their element. Ted, Malcolm and the 2 boys would compete in vintage car rallies in one or 2 of the bigger cars, and Ann would navigate with Mary at the wheel of her 1928 fabric bodied Austin Seven. Andrea always sat in the back seat with the corgi, Pepper.

In her mid sixties Ann found out suddenly that she needed an operation. This was due to the locum at her doctor's surgery insisting on examining her for what she considered to be a minor complaint. She was hospitalised immediately and a colostomy was performed. She has always managed to look after herself very well, although it was a terrible shock at the time.

Ann and Ted managed to continue active lives, taking part in all family activities, until Ted broke his leg in his nineties. He then moved to a retirement home, and as Ann's sight was not good she moved with him. Sadly, Ted died at the age of 94.

**Ann was 100 years old on 27th December 2008**

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### Greetings to you all from your Past President:

I hope that you are looking forward to 2009 with anticipation in spite of the fact that we face changing times; we face challenging times. We have all lived through challenging and difficult times and we will do so again as long as we continue to be ready to help others in need and to work in, and for, our local communities, our countries and for ostomates around the world.

Over many years, ostomates around the world have devoted their energies to establishing ostomy groups, ostomy clubs and national ostomy associations as a important self help organizations. We have cared about others. We need now to continue to make this our mantra as we look forward to continuing our work. We face challenging times; we face changing times; we face a big picture of economic uncertainty regardless of where we live.

The tides that rolled through the first eight years of this century have not been kind to the world in which we live but we cannot change this. What can we change or continue? We as individuals have the ability to change how we think and act. We ostomates around the world share the value of helping others to help themselves. We care about the common good. We need to continue in this direction. Let us remain honest and stay true to our word. Let's have the strength to help one another and lead by example. Let us stand up for what we believe in and the mission of IOA. Yes, life will be challenging for all of us but by working together, around the world, we are stronger.

The New Year brings with it new hopes and new opportunities to explore. Let us see what we can achieve in 2009.

I wish you all the very best for 2009 but above all I wish for you good health.

*Di*